

New Town High School Canteen Menu, Term 4 – 2017

Breakfast 8:00am -8:45am (Mon-Fri)

Yoghurt & Fruit (GF)	\$3.00
Fresh Fruit Salad (GF)	\$4.00
Ham & Cheese Toastie	\$4.50
Egg & Bacon Roll	\$4.00

Daily Hot Food

Grilled Chicken Burger **\$5.50**
Grilled Chicken, Lettuce, grated carrot, tomato, cheese & mayo

Chicken Parmigiana Panini **\$5.50**
Chicken Parmie, lettuce, tomato, grated carrot, parmie tomato sauce

Chilli Chicken Wrap **\$5.50**
Chilli Chicken tender, Lettuce, grated carrot, mayo & sweet chilli sauce

Beef Burger **\$5.50**
Beef Pattie, Lettuce, tomato, beetroot, cheese & tomato sauce

Pizza Slice **\$2.50**
Ham, cheese & pineapple
Chicken, cheese, capsicum, pineapple & BBQ sauce swirl

Potato Triangles **70c each**
3 for **\$2.00**

Garlic Bread Roll **\$1.00**
Meat Pie **\$4.20**
(Magnificiant 7 National)

Chicken Nuggets (6) **\$3.50**
Hot Dog **\$4.00**
Fresh roll with hot dog & tomato sauce

Hot Dog with cheese **\$4.50**
Fresh roll with hot dog, tomato sauce & grated cheese

Toasted Sandwiches

Ham & Cheese **\$4.50**

Sandwiches, Rolls & Wraps (Fresh)

Salad Roll **\$5.50**

Chicken or Ham

Salad includes: mesculin lettuce, tomato, grated carrot, cucumber, sliced tasty cheese, beetroot, boiled egg & mayo

Open Salad Pack (GF) **\$6.00**

Chicken, Ham or Tuna

Lettuce, tomato, grated carrot, celery sticks, cucumber, boiled egg & grated cheese. Salad dressing or mayo

Snacks & Counter Sales

Home Made Cookie **\$1.00**
(Double choc – choc chip)

Yoghurt & Fruit **\$3.00**

Fresh Fruit Salad (GF) **\$4.00**

Drinks

Bottled Water 600ml **\$3.00**

Flavoured Milk 250ml **\$2.50**
Chocolate or Strawberry

Jive Flavoured Milk 600ml **\$4.50**
Chocolate, Strawberry, Honeycomb Crunch

Fresh Orange Juice 300ml **\$2.50**

Lunch orders can be placed from 7:30am daily at the canteen, Pickup can be made at lunchtime from both counters. Special dietary requirements can be cater for – please come and talk to our friendly canteen staff to discuss your requirements and please be aware ordering for these is required to ensure we can accommodate your requests and you don't miss out. EFTPOS is available, minimum eftpos is \$4.50

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Monday Specials

Carbonara Pasta Bake

*Freshly cooked pasta with bacon,
mushrooms in a homemade carbonara
sauce*

Regular	\$5.00
Large	\$7.50

**Please see our specials board at
the canteen for the daily special.**

**Freshly made wraps and
sandwiches will also be available**

Tuesday Specials

Butter Chicken

*Homemade Butter Chicken with steamed
green beans on steamed rice*

Regular	\$5.00
Large	\$7.50

Wednesday Specials

Sushi \$4.80

*1 whole piece – choose from chicken
teriyaki & lettuce, cooked tuna & lettuce
or vegetarian*

***Sushi needs to be pre ordered and paid
for by Monday to allow us to prepare
this ready for Wednesday morning***

Thursday Specials

Spaghetti Bolognese

Homemade Spaghetti Bolognaise

Regular	\$5.00
Large	\$7.50

Friday Specials

Curried Sausages

Homemade served with mashed potato

Regular	\$5.00
Large	\$7.50

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